

EMMAUS NEWS

Newsletter of the Canberra Monaro Emmaus Community PO Box 3398, Belconnen DC ACT 2617



email: secretary@canberramonaro.emmaus.org.au Facebook: https://www.facebook.com/groups/2351465338485753/

A message from our Community Lay Director

Gatherings

Saturdays

3 Jun - 2pm @ O'Connor UC

8 Jul - 2pm Country Gathering @ Yass

12 Aug - 2pm @ O'Connor UC

16 Sep - 2pm @ O'Connor UC

7 Oct - 2pm @ O'Connor UC

18 Nov - 2pm @ O'Connor UC

9 Dec - 1230pm BBQ @ O'Connor UC

Events

3 Jun - 10am to 1pm: Workshop for WLDs, ALD and MDs on Walk Run Sheet & Easy Worship

12 Aug - 10am to 1pm: Mega Agape Morning

Walks 2023

Men's #93: 19-22 Oct 23

Women's #94: 2-5 Nov 23



What is the purpose of Emmaus?

Emmaus seeks to inspire, challenge and equip leaders for Christian action in their homes, places of work and communities.

How does Emmaus do this?

Through showing and reminding people of God's agape love for them through Walks and Gatherings. Gatherings give each of us an opportunity to show love

to God and each other. We are inspired, challenged and equipped by being and doing at a Gathering, whether in worship, prayer, leading, speaking, encouraging or listening. Each Gathering concludes with the ultimate reminder of why we are all there when we are taking part in the Lord's Supper.

We can see how the Walks fulfil the Emmaus Purpose for Pilgrims, but what about for the Walk Team and the Community? The team formation and training process challenges, equips and inspires the participants to grow in leadership far beyond the actual Walk. A trap that people often fall into, is thinking that if I am not on a Walk Team, that I don't have a part to play in achieving the purpose of Emmaus. Nothing can be further from the truth. There is agape to be made, prayers to be offered, meals to be served, team to be encouraged, conference rooms to be set up and packed away, pilgrims to be sponsored, candles to be shone, letters to be written, Closings to attend and the list goes on. For the purpose of Emmaus to be fulfilled, every one of us needs to be involved and with God's help it will be achieved.

So with this in mind, the Walk Team training for Walks #93 and #94 begins in June. On Saturday June 3rd the Walk Lay Directors, ALDs and MDs will meet from 10am at O'Connor to have some Running Sheet and EasyWorship training. This will be followed by our Gathering at 2pm (note that this is a week earlier than usual due to the long weekend the following weekend).

Training starts for all the Walk Teams on Saturday June 24th. Pray as they prepare talks and for their families as they release them for the day.

Continue to uphold in prayer Andrew Chenery and Tracy Randall, Walk Lay Directors for Walks #93 and #94. The Team Selection phase is almost complete with just a couple of roles yet to be filled. The Training phase can often be quite busy and Satan loves to try to keep everyone distracted and busy.

Two walk related roles that are vacant at the moment but are vital to a Walk are the Prayer Coordinator and the Candlelighting Coordinator. Even though they are vital, they do not involve a lot of time. There are more details elsewhere in the Newsletter. If you are interested in finding out more about what is involved in these roles please contact myself or our Secretary Von Chenery.

The 72 Hour Prayer Vigil is now available online to put your name in the spot that suits you. It can be found at https://vigil.emmaus.org.au The paper version will be at every Gathering from now until the Walks.

Our Country Gathering is on Saturday July 8th at Yass. Pray for our country cousins who will run the Gathering. Pray as they prepare a fantastic afternoon. Plan on being there and put it down in your Diary now so you won't forget.

De Colores

Andrew

72 Hour Prayer Vigil

The 72 Hour Prayer Vigil for Walks #93 and #94 are now out.

If you want to put your name down for a 30 minute spot (or 2 or 3 spots) then go to the Vigil at <u>vigil.emmaus.org.au</u>.

If you would rather the old fashioned way on the paper version, it will be available at the next Gathering on June 3rd.



Walk Registrations

Registrations for the upcoming Walks are now open!! Forms are available at the following link:

https://canberramonaro.emmaus.org.au/ministries/application-forms-information

A message from our Community Spiritual Director

Gratitude and Thankfulness



[Gal 3:12] Therefore. as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. [13] Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. [14] And over all these virtues put on love, which binds them all together in perfect unity.[15] Let the peace of Christ rule in your

hearts, since as members of one body you were called to peace. And be thankful. [16] Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. [17] And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

I have used this passage as a text for some of the weddings I have done, and it certainly is very applicable in any marriage. But this time I want to encourage you with two words; the first in v15 "And be thankful." And the other is a word we often use when thinking about the good things of life, and it is in v16 "singing to God with gratitude in your hearts.", another excellent emotion, but what is the difference Between Gratitude and Thankfulness?

The difference between these two important emotions comes down to how we use it in our lives. Gratitude is a general appreciation of life, while thankfulness is a response to a particular event, experience or person. For example, you can be grateful for your family, but thankful that your partner cooked dinner. You can be

grateful for the community where you live, but you are thankful that your neighbour brought your garbage cans up from the curb on a rainy day.

You know as well as I do that life is not always easy. To cultivate a fully, authentically positive mindset, we must practice both gratitude and thankfulness. Practicing gratitude means accepting things as they are, while also holding onto our appreciation of things that we value and have access to. Thankfulness grows out of this mindset, positioning us to be able to notice and express thanks when things do go right, like saying "thank you" or even writing a thank you note.

Tennessee psychiatrists James and JR Greene explain the broad power of gratitude this way: "You do not need something good to happen to have gratitude, and when bad things happen, your gratitude does not falter. You know that sad things are just a part of life, and you are happy with the life you lead."

So, ask yourself whether your thankfulness lives under an umbrella of gratitude—and whether your gratitude gets spoken aloud through words of thankfulness. When you pair these two layers of appreciation, you will be building a spirit of authentic positivity that shines over everything you do.

Indeed, God commands us to give thanks. It is one of God's greatest desires for us because a thankful heart is essential for our well-being. The giving of thanks is for our good.

Certainly we should be thankful for the blessings in our lives. Food, clothing, shelter, possessions and, indeed, all the good things in our lives come to us from the hand of God. But when it comes to gratitude, a word of caution is in order. Our gratitude should not be first and foremost for the many "things" with which God has blessed us. Rather, our gratitude should be for God Himself. As the theologian John Piper writes, "gratitude that is pleasing to God is not first a delight in the benefits God gives (although that is part of it). True

gratitude, however, must be rooted in something else that comes first, namely, a delight in the beauty and excellency of God's character. If this is not the foundation of our gratitude then our gratitude is not pleasing to God. God is not glorified if the foundation of our gratitude is what the gift is worth rather than how good and great the Giver is. If gratitude is not rooted in the beauty of God before the gift, it is probably disguised as idolatry."

TRUE GRATITUDE RESULTS IN SERVICE

Gratitude enriches and blesses our lives because it, more than anything else, motivates and empowers us to fulfill the purpose of our existence which is to do the work of the Lord. That work always involves serving and

ministering to others. As believers we are each, first and foremost, servants of the Lord. Serving the Lord in Emmaus means ministering in some way to those around us. Such is God's desire and design for us. A life of service leads to blessedness. It gives our lives meaning, fulfillment and joy.

Gratitude is powerful. It motivates and moves us to act on behalf of others. May God give us a deeper sense of gratitude for his excellency, beauty, and goodness. And may we much more frequently expresses our thanks to Him for His material and spiritual blessings in word and action.

De Colores

Jim

Serving in the dining room on the Walk

Think back to your own Emmaus Walk and remember how you felt when you saw people in the dining room welcoming you and serving your meals. When I did my Emmaus Walk I felt surprised that people who did not even know me would come and serve. The act of others serving those on my walk really demonstrated God's love to me.

Information about serving rosters

What?

- · Helping to set up the dining room tables before each meal.
- Greeting pilgrims and team as they enter the dining room.
- Serving tables with drinks, checking in with the people at the tables to see if they need anything, cleaning away the tables as people are finished.
- Cleaning the tables after the meal is finished.
- Serving breakfast, morning tea, lunch, afternoon tea, dinner and supper.

When?

- · Serving is available for the whole of both the Men's and Women's Walks.
- Opportunities are available to serve at all meals on the Walk, setting up on the Thursday, decorating the dining room on the Saturday afternoon, and setting up on the Sunday afternoon.

How long for?

- Serving at breakfast, lunch or dinner takes approximately 1.5 hours each.
- Serving at morning tea, afternoon tea or supper takes approximately 45 minutes each.



Cost?

The cost is very low as the only cost of serving is
if you would like to have a meal with your fellow
servants after serving. Cost for meals are \$15
except the Saturday dinner which is \$25.

Sign up?

- You can sign up by making contact with the serving roster co-ordinator Kirsty Ross by email <u>bumble_bee1983au@hotmail.com</u> or by phone on 0424372010.
- You can sign up to serve at the walk by putting your name down on the rosters which are at the gatherings



De Colores

Kirsty Ross

Get to know - Neil Glassford



G'day, my name is Neil Glassford, Walk 87 at Greenhills on the table of Matthew.

I have recently taken over as Website Admin for the Canberra Monaro

Emmaus Community. This mostly involves uploading Newsletters and any other articles or forms which need to go on our Community website. I also update the Calendar on the website which shows upcoming Gatherings, Walks, meetings and other events. If you have not had a look in a while, check it out at https://canberramonaro.emmaus.org.au

I may be better known to most of you as Deb Glassford's husband!

I live with my wonderful wife of 28 years and the last two of our four kids still at home. We live in Yass and my day job is selling and repairing chainsaws, mowers and other outdoor power equipment. Unfortunately, my job involves working just about every Saturday, so I am restricted in my availability for Walks and so on. The more observant ones of you will normally spot Deb and I screeching in the

door a few minutes late to Gatherings after a quick dash after finishing work at 1pm in Yass.

I was told to tell you my favourite food now, but that is not such a simple answer. Cheese — preferably without other bits in it using up precious cheese space. Chocolate — again without other bits in it using up precious chocolate space. Schnitzel — preferably with Weiner in the title. But having said all that, you can tell by my size that I am not really at all that fussy and have turned my tongue to pretty much anything that is put in front of me, including the odd ant and Witchetty Grub.

To say that my music taste is eclectic would be quite an understatement as I have favourites in most genres of music except maybe Thrash Metal and a few other "fringe" ones. One of my all-time favourites would be anything from Keith Green after having the privilege of seeing him in concert, in 1980 in Manly of all places.

I guess my "hobbies" would involve a similar eclectic collection, from Arduino coding/building to coin collecting, but having the time to do any of that is kind of pipe dream territory these days.

I became a Christian through an ISCF camp in High School and have been heavily involved in Christian Camping in one way or another ever since then. These days Deb and I are going to the Yass Community Baptist Church (where the next Country Gathering will be in a few weeks).

We first heard about Emmaus from the Kemister family who were involved very early on in the Canberra group. A few years back, Andrew and Michelle sponsored us to go on Walks and we have been involved as much as possible since then. Partly because it fits in with my passion for Christian Camping.

Don't get used to the tie, it is not habit forming! Anyway, my computer is running out of typing fluid so I should stop and say De Colores.

Bless you all,
Neil Glassford

Face to Face – Naysayer to Yay-Sayer



I had intended on writing a small piece about a new addition to our Emmaus library (titled: Day Four – The Pilgrim's Continued Journey). But I will save that for another time, because I want to share a recent personal "learning".

At the May meeting of the CMEC Board, our Spiritual Director, Jim Curtis, delivered a short talk on an Emmaus program called Face to Face. "Hmmm, not likely", I thought. Against the backdrop of various other Board discussions about how we might encourage our Emmaus community to become more involved, my immediate internal response was... "Do we really have the appetite and/or resources to consider delivering another style of program?" In fact, my outside voice might have gently expressed something akin to that sentiment as Jim was speaking.

To his credit, Jim continued undeterred, so I dutifully listened to what he had to say – all the while fully convinced that we did not have the capacity to entertain thoughts of a new program. As Jim spoke about this "new" initiative, I was surprised to find myself strangely warming to the idea.

I had not previously heard about Face to Face — which is an adaptation of The Walk to Emmaus. Full details on the program are posted at the Emmaus Ministries Australia website at this link https://www.emmaus.org.au/ministries/face-to-face but I wanted to give readers of this article a taste of the posted information:

Face to Face is specifically crafted to meet the needs and life-stages of older adults. The program seeks to invite men and women, ages 60 and older, to experience Jesus through a 4 or 8 session journey, covering subjects such as discipleship, mission, grief, and end-of-life issues. The highly flexible schedule allows participants the freedom to engage in structured Bible study and prayer in a church setting or other community space. Led by clergy and lay leaders, Face to Face strengthens and renews followers of Christ and bolsters the spiritual life of individuals, families, and congregations everywhere. Face to Face is open to members of any Christian denomination who want to strengthen their spiritual lives, discover answers to their questions about faith, and are open to understanding the responsibility of living a Christian lifestyle. Face to Face gives seniors the opportunity to rediscover Christ's presence in their lives, to gain fresh understanding of God's transforming grace and to form friendships that foster their faith after the Face to Face experience.

How awesome is that?! It reminds me of an idea that kept popping into my head a few

Canberra Monaro Emmaus Community

years ago. The same idea would come to my mind every time I drove past a specific retirement village (while on my way to work). One morning I decided to act on that idea, so I pulled into the Village carpark and walked into the reception area. I politely asked the manager if there would be any appetite for someone like me to offer a weekly Bible reading or Bible study for the residents. I fully expected him to jump at the offer. I really did. Well, to say that the manager could not have been more unreceptive is an understatement. He wasn't rude, but he was crystal clear that such a thing would not be happening on his watch. Stunned at that rejection, I left his office and shelved the idea.

In terms of Face to Face, earlier this week, in my Church home group setting, I engaged Jim

and apologised for being a Naysayer during his presentation to the Board. I let him know that I had reflected deeply on his words – and that I was now fully onboard.

To continue on my journey from Naysayer to Yay-Sayer, I would love to hear from anyone in our community who would be interested in exploring the feasibility of delivering a Face to Face program in our region. Please feel free to email me at michael.rowe@bigpond.com

De Colores,

Michael

Face to Face - a comment from our CSD

The Board has been considering the Face to Face Encounter, which is now being offered to Emmaus Communities to run alongside the Walk to Emmaus. At the National Conference in Toowoomba, Andrew and I heard some very positive feedback from some communities that have run Encounters already, and so we are thinking that we might explore the possibility of running a trial one here as well.

We would like to hear from anyone who is interested in hearing more, particularly if you might be available to be part of a feasibility study committee.

De Colores

Jim

0417 041 373 csd@canberramonaro.emmaus.org.au



Join us today! **ENCOUNTER THE** Face to Face is an experience in the tradition of the Walk to Emmaus designed for persons 60 and older. Open to Christians of all denominations who want to strengthen their spiritual lives, Face to Face allows the opportunity to rediscover Christ's presence, gain fresh understanding of God's transforming grace, and form friendships that foster faith and spiritual maturity. With no overnights, Face to Face takes place over the course of eight three-hour sessions held at a church or community center. Though millions of people have completed the Walk to FACE to FACE Emmaus in the past 30 years. Face to Face provides a new environment specifically designed to meet YOUR needs. We invite **YOU** to join us on an inspiring Face to Face Encounter during which you will meet Jesus An Experience in the as he is revealed to you through the scriptures and Emmaus Tradition the presence of others. There are Emmaus Communities in the South Pacific Nations FOR PERSONS 60 AND OLDER of Australia, New Zealand, PNG & Fiji. For more information about **Face to Face** in your area contact: WHO SHOULD PARTICIPATE IN A FACE TO FACE ENCOUNTER stresses of a three-day, 72-hour program.

It's Agape Time (12 August 2023)!!!!

Hi everyone!

This is your friendly reminder and encouragement to start making and creating agape, if you haven't started already of course!

One pilgrim at closing last year described the agape as being "carpet-bombed" by God's love over the Walk weekend. While carpet bombing is normally horrific when used in warfare, the idea of God's love being shown in a progressive and strategic manner, to completely saturate the lives of the pilgrims with God's love during the Walks, is such an amazing image. It was such a great compliment and a sincere show of gratitude to all of you who made agape last year.



Carpet bombing the pilgrims with agape is only possible through the dedication and time that the community gives to making and preparing agape. I myself as coordinator was even overwhelmed by the agape; the role is so easy when amazing people like you make agape, and it seems to appear out of nowhere!

Agape does not have to be complicated or expensive; it just needs a little thought, a little time, and a little money to buy supplies. Some reunion groups make agape, but individuals can

as well. One agape I made recently involved printing a tag, cutting it out, and sticking a lolly to it. Simples!

What did make my role easier last year was getting a rough idea from each group what agape they were making. It just helps in case of double-ups, or to see if a much loved agape is still being made. If your group, or you as an individual, are making agape, could you please send me a rough idea of what you are making please.

If you haven't made Agape before, for any reason, please consider making some this year. If you need any help, please feel free to call, text, or email me (details below). I generally get Agape ideas either by seeing something quirky/yummy/interesting/fun/etc. at the shops, and then finding a Bible verse that might fit that thing, or I start with a Bible verse and try and work out an item I can make from there (I love a good pun – and bad ones too!).

Some useful Google Image searches are:

- Agape gift ideas
- Gifts for him/her under \$1
- Small Bible gifts to make
- Guides swaps
- Scouts swaps
- Sunday school gifts

Also, you could think along the lines of the following to produce Agape: Useful Agape, wearable Agape, edible Agape, fun Agape.



If you need anything printed, laminated, or something else, please contact me prior to the Mega Agape morning on 12 August (10am - 1pm), and I can bring supplies that day. Also, if you need help finishing Agape, please bring it along that day for others to help you.



Agape can be just for the Pilgrims, or can be for the whole team. Pilgrim numbers vary, but if you aim for 16 pieces, that should be enough, and if you are doing them for the whole team, aim for 35-40 pieces. We need Agape for both the Mens' and Womens' walks, so please consider doing some for both.

If you have a resource that can be shared to others to make an Agape item, please let me know (I have an enormous lavender bush in need of harvesting, if anyone is interested). If you are able to come to the

Mega Agape morning, that is a great way to be a part of the Agape too.

If you are tight for space, bring any completed Agape to any of the gatherings, and I can store it until the walk.

I am looking forward to seeing all that we create as a community to show the love of God to each pilgrim and to the team.



Deb Glassford

0411 481 447 deb@nooool.com.au



We need a Coordinator for the 72 Hour Prayer Vigil

This could be just right for you!

The role involves:

- Setting up the Online Prayer Vigils (Men's and Women's) on the National Emmaus Website, a simple task and already done for 2023.
- Making a paper version (in a folder) of the Prayer Vigils to bring to Gatherings – reasonably straight forward and already done for 2023.
- Bringing the Prayer Vigils to the 5 Gatherings leading up to Walks.
- Before each Gathering, update the paper version from the online version.
- After each Gathering and after the Men's Closing, update the online version from the paper version.
- Encourage people to sign up on the Vigil, at Gatherings and in Newsletters.
- Contact the Walk Prayer Directors to arrange to deliver the Prayer Vigil (paper version) to them on the Thursday of the Walk. Mention the gaps in the Vigils and encourage them to get as many of the team as possible to "fill the gaps".



• On the Men's Walk, also give them the Women's Prayer Vigil so Team and Pilgrims can add their name to that Vigil. Pick up the Women's Vigil at the Men's Closing to have it ready to give to the Women's PDs on the Thursday of their Walk.

How much time does this role take?

A few hours here and there; you need to be disciplined enough to keep the online and paper versions up to date.

This is a vital, behind the scenes role for our Walks. If you believe in the power of prayer, then this role could be for you.

Talk to Andrew Southwell or Von Chenery if you are interested or would like more details.

Candlelighting Coordinator – Is this the Job for You?

Would you like to create a delightful surprise of love and welcome for the Pilgrims of each Walk?

If you'd like to serve in the Emmaus Community but have limited time to spare – then this role might be for you.

Your main activities can be summarised as:

- . Organising the candles for the Candlelighting Service.
- . Opening up the Western Creek Uniting Church and setting up for the Community Service.
- . Explaining the Candlelighting process at the Community Service held before the Pilgrims arrive.
- . Cleaning up and closing Western Creek Uniting Church.

Guidance and Support are provided...

There is a Role Description with all the steps to follow. Plus you can learn on the job in October 2023. Help our current Candlelighting Coordinators on the Men's Walk this year – so you can see how it's done!

Are you Interested? Is this the mission for you?

Email CLD Andrew Southwell on: cld@canberramonaro.emmaus.org.au

Email Secretary Von Chenery on: secretary@canberramonaro.emmaus.org.au

Finance Report from the Treasurer

Dear Canberra Monaro Emmaus Community,

Our 2022 calendar year finances have been audited by an independent external auditor and I'm pleased to provide this summary to you as a snapshot of last year's operations:

- Our Bank balances at 31st December, 2022 totalled \$20,922; noting that we had already paid a \$1,000 Deposit to Greenhills Conference Centre for the 2023 Men's and Women's "Walks" and were owed \$1,663 from the ATO for GST receivable.
- In 2022 we reported an operating deficit of \$2,390, the major contributors to this result being:

- Our subsidisation of the 2022 Men's and Women's "Walks" to the tune of \$987 (this was the net cost to run both Walks, inclusive of all Walk-related incomes and expenditures).
- New IT equipment purchases of \$713.
- Maintenance costs amounting to \$700 were spent on supplies for the new path at Greenhills Conference Centre down to the Cross Amphitheatre.
- Offerings from Gatherings income in 2022 totalled \$1,798 (compared with \$1,669 in 2021); and General Donation incomes in 2022 were \$951 (compared to \$719 in 2021) however note that our 2021 Gatherings were heavily affected by COVID restrictions.

I'd like to pay a special tribute to the work of Phil Bloomfield for his outstanding contribution as Community Treasurer up until his passing last year. Also a big thanks to Jim Curtis for assisting me with the handover of the Treasurer role.

If you have any questions about our Finances I'd be happy to answer them for you – you can reach me at: treasurer.canberramonaro@gmail.com

God Bless and De Colores!

Andrew Chenery

Emmaus Contact Details

Emmaus Role	Name	Email
Community Lay Director (CLD)	Andrew Southwell	cld@canberramonaro.emmaus.org.au
Community Spiritual Director (CSD)	Jim Curtis	csd@canberramonaro.emmaus.org.au
Secretary	Von Chenery	secretary@canberramonaro.emmaus.org.au
Treasurer	Andrew Chenery (one year - 2023)	treasurer@canberramonaro.emmaus.org.au
Registrar	Michelle Southwell	registrar@canberramonaro.emmaus.org.au
Web Administrator	Neil Glassford	webadmin@canberramonaro.emmaus.org.au



2023 Emmaus Board Members and Coordinators

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Community Lay Director (CLD)	Andrew Southwell	
Community Spiritual Director (CSD)	Jim Curtis	
Treasurer	Andrew Chenery (2023, non-Board position)	
Secretary	Yvonne Chenery	
Minute Secretary	Andy Visser	
Community Member	Kirsty Ross	
Community Member	Mike Rowe	
Community Member	Gary Bates	
Community Member	Kat Santosuosso	



2023 Canberra Monaro Emmaus Coordinators

Registrar	Michelle Southwell	
Newsletter Editor	Dale Cooper	
Training/Education Coordinator	Mike Rowe	
Music Coordinator	Gary Bates	
Supplies Coordinator	Matthew Smith	
Agape Coordinator	Deb Glassford	
Reunion Group Coordinator	Jenny Best	
Web Coordinator	Neil Glassford	
Candle Lighting Coordinator	ТВА	
Walk Prayer Coordinator	Vacant - can you help!	
Gathering Coordinator	Kat Santosuosso	
International Agape Coordinator	Kirsty Holmes	
Walk Dining Room Coordinator – Men's Walk	Jane Barr & Alison Harberecht	
Walk Dining Room Coordinator – Women's Walk	Vacant - can you help!	
Walk Serving Coordinator	Kirsty Ross	



As you can see there are some vacancies. Can you help? Would you like to know more...? Contact us - Speak to a Board Member at the Gathering or email: Andrew Southwell cld@canberramonaro.emmaus.org.au or Von Chenery secretary@canberramonaro.emmaus.org.au

Noticeboard

Direct donations

Have you thought that instead of making a one-off donation at a Gathering, you could make a regular weekly, fortnightly or monthly donation? By doing this, you will help ensure that we can keep supporting Pilgrims and meet the running costs of Emmaus. To make a direct deposit use the following details:

Name of bank account: Canberra Monaro Emmaus Community

Bsb: 634634, Account Number: 100021977

Reference: your name

Emmaus Newsletters

You can opt in to receive Newsletters from both the Australian Emmaus Community and the Upper Room.

News from the Australian Emmaus Community

News (emmaus.org.au)

News from the International Emmaus Community

The Upper Room Newsletter can be access through their website here

Credit card payments

Our Community utilises a Square Card – tap and go service.

You don't have to pay with cash. Pay with credit or debit card at any Gathering - a Board member can help!

Reunion groups can use zoom

Emmaus has a Zoom license that is available for all the Emmaus
Community. If you would like to use it to hold a Reunion Group Meeting,
Bible Study, Team Meeting or to have a chat with friends over coffee, then please use it, that is why we have it.

Just contact Von Chenery at secretary@canberramonaro.emmaus. org.au to book in your meeting

Lost your Emmaus Name Badge??

You can order a new Emmaus name badge by sending your name (first and last name) to our Registrar Michelle Southwell at

registrar@canberramonaro.emmaus.org.au



Canberra Monaro Emmaus Calendar 2023

JUN	Sat	3	Meet with Walk #93 & # 94 LDs, ALDs & MDs + WLDs Runsheet & Easy Worship Training	10am- 1pm	O'Connor UC
		3	Gathering (date changed because of long weekend)	2pm	O'Connor UC
	Sat	10	NO GATHERING - Long Weekend		0 00111101 00
	Tues	13	Board Meeting	7.30pm	Zoom
	Sat	24	1st Walk Team Training #93 & #94	8.30am - 4.30pm	O'Connor UC
	Jai	24	1 vvaik realif framing #35 & #34	0.30am - 4.30pm	O Connor OC
JUL Sat		8	Board Meeting	11am	O'Connor UC
JUL	Jai	8	Country Gathering - Yass	2pm	Yass Baptist Church
	Sat	22	2 nd Walk Team Training #93 & #94	8.30am - 4.30pm	O'Connor UC
	Jai	22	2 Walk Team Training #35 & #34	0.30am - 4.30pm	O COMMO CO
AUG	Fri	4	Newsletter		
AUG	Sat	12	Mega Agape Morning	10am - 1pm	O'Connor UC
	Out	12	Gathering	2pm	O'Connor UC
	Tues	15	Board Meeting	7.30pm	Zoom
	Sat	26	3rd Walk Team Training #93 & #94	8.30am - 4pm	O'Connor UC
	Out	20	o wan rain raining #00 a #04	o.ooum ipm	O CONTION CO
SEP	Sat	16	4th Walk Team Training #93 & #94	8.30 - 1pm	O'Connor UC
	- Out	16	Gathering and Teams Commissioning	2pm - 4.30pm	O'Connor UC
	Tues	19	Board Meeting	7.30pm	700m
	Fri	29	Newsletter		
OCT	Sat	7	Gathering	2pm	O'Connor UC
•	Tues	10	Board Meeting	7.30pm	Zoom
	Thurs	19	Men's Walk #93 – Team 3pm onwards	7pm Pilgrims	Greenhills
	Sat	21	Candlelighting	8pm	Western Creek UC
	Sun	22	Closing Ceremony - Greenhills	3.45pm	Greenhills
	 		cleaming coronicity creatimine		0.00
NOV	Thurs	2	Women's Walk #94 - Team 3pm onwards	7pm Pilgrims	Greenhills
	Sat	4	Candlelighting	8pm	Western Creek UC
	Sun	5	Closing – Greenhills	3.30pm	Greenhills
	Sat	18	Men's & Women's Debrief	11am – 1pm	O'Connor UC
		18	Gathering - Meet the Board. Board Elections.	2pm	O'Connor UC
		18	- Commissioning GFLDs and GFSD #18		
	Tues	21	Board Meeting	7.30pm	Zoom
			-		
DEC	Fri	1	Newsletter		
	Sat	9	Team Selection #95 & #96	10:30am	O'Connor UC
		9	BBQ Gathering	12.30pm	O'Connor UC