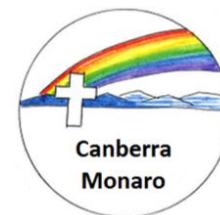




EMMAUS NEWS



Newsletter of the Canberra Monaro Emmaus Community

PO Box 3398, Belconnen DC ACT 2617

email: canberramonaro@emmaus.org.au

Facebook: <https://www.facebook.com/groups/2351465338485753/>

A message from our Community Lay Director

Regular Gatherings

Saturdays

- 12 Feb - 2pm @ O'Connor UC
- 12 Mar - 2pm @ O'Connor UC
- 9 Apr - 12noon (Country Gathering @ location tba)
- 18 Jun - 2pm @ O'Connor UC
- 9 Jul - 2pm @ O'Connor UC
- 13 Aug - 2pm @ O'Connor UC
- 10 Sep - 2pm @ O'Connor UC
- 8 Oct - 2pm @ O'Connor UC
- 19 Nov - 2pm Post Walk Gathering @ O'Connor UC

Other Gatherings

Saturdays

- 26 Feb - National Zoom Gathering 4-6pm
- 14 May - 10am-4pm, Going Fourth #16 @ O'Connor UC
- 10 Dec - 1230pm, BBQ @ O'Connor UC

Walks 2022

- Men's #91: 20-23 Oct 22
- Women's #92: 3-6 Nov 22



It was great to begin 2022 with a Board Workshop and Meeting on January 15th. Although not all Board members could be there due to other commitments, it was great to welcome Mike Rowe and Gary Bates onto the Board. I look forward to working with them and all the Board members this year. We covered a lot of different areas of the Emmaus Ministry in our Workshop. As the year progresses we will see a few new and different things being implemented.

The Board thinks it is important that we begin the year by seeking God's strength, wisdom and blessings for all the Canberra Monaro Emmaus Community. As a result, we encourage all the Community to be involved in the Prayer Vigil, beginning on Saturday January 29th and concluding 2 weeks later on the eve of our first Gathering for the year on Friday February 11th. You should have already received an email with details of the Prayer Vigil, as well as seen posts on our facebook page. I encourage you to use these daily prayer points as part of your usual prayer time, to focus and dedicate Emmaus in 2022 to God.

Our first Gathering for 2022 is on Saturday February 12th at O'Connor Uniting Church at 2pm. There will be an online option for those unable to attend in person. We aim to have an online zoom option for all Gatherings in 2022, although it may be a basic set up to begin. If demand is good and people to run it are available, we may be able to improve as the year progresses. At the February Gathering we will Commission our new Community Spiritual Director (CSD) Jim Curtis as well as Commission the Walk Lay Directors and Walk Spiritual Directors for Men's Walk #91 and Women's Walk #92. We will also commission the Lay Director for Going Fourth #16. Trish Dooley will give her Fourth Day Talk.

Covid is still with us, so Check-in with the CBR app, bring a mask for singing & remember social distancing. Afternoon tea will be outside if weather permits - please bring a plate of food to share.

Not only do we have our Gathering in February, but we are hosting the National Emmaus Gathering by Zoom on Saturday February 26th, at 4pm our time. We will be able to meet Emmaus friends from communities all over Australia, there will be break-out Groups for sharing and prayer, and a Fourth Day speaker and an update from the National Community Director David Nivala, as well as a reflection on the Word from the National Spiritual Director Bruce Cornish. I would like to encourage everyone in our Community to join this Gathering.

This year will feel a little different than previous years (I think I have said this a few times last year as well!). The Walks are in October/November, so team training will start in July. The Country Gathering is in

April and Going Fourth is being held in May. Please remember – “different is not wrong, different is just different”!

Continue to pray for and encourage Dean Warwick and Trish Dooley, the Walk Lay Directors for this year. They report that team selection is progressing well. There have been a few challenges along the way, but that is why the WLD gives the Perseverance talk on the Walk!

I have the feeling that God has something special in store for our Community this year! I pray that you are ready!

De Colores

Andrew

Gathering 12 Feb - 2pm @ O'Connor Uniting Church Hall

Covid-safe measures in place – download the Check In CBR app, mask for singing, social distancing. Remember to bring a plate of food to share – outside if weather permits.

- 4th Day Speaker Trish Dooley
- Commissioning of the WLDs and SDs for Men's Walk #91 (Thur 20-Sun 23 Oct) & Women's Walk #92 (Thur 3 – 6 Nov)
- Commission of the LD for Going Fourth (Sat May 14)

**Zoom option available: (2-4pm) join Zoom Meeting
[https://us02web.zoom.us/j/5303577916?](https://us02web.zoom.us/j/5303577916?pwd=ek1yNmJPR2RlMnQ3cmVRNDBlMVowdz09)
[pwd=ek1yNmJPR2RlMnQ3cmVRNDBlMVowdz09](https://us02web.zoom.us/j/5303577916?pwd=ek1yNmJPR2RlMnQ3cmVRNDBlMVowdz09)**

Meeting ID: 530 357 7916 Passcode: 123789

A message from our Community Spiritual Director

What is our calling for the new year ahead?



Did anyone make a new year resolution? While I didn't make any formal resolution, I think the Lord is calling me to trust Him more deeply. We are coming into a new year with some challenges before us and it has been a bit up and down for me and my family already. You know the saying that in Melbourne you can experience the four seasons in one day; well

it has seemed a bit like that for me so far this year. There are good days, and I have had a nice little break down the coast at Tuross, and got my kayak out on the lake once, and went down the Tuross River over 12 km one morning for a lovely peaceful and scenic paddle.

At the same time here are not so good days: my nephew's partner was fighting for her life with Covid, in ICU and on a ventilator for 2 weeks. She is now somewhat better, but we don't yet know if she will fully recover or continue to have ongoing issues. Then my granddaughter also got it from day-care, and so my son's family was in isolation, and our family worried about that. As I look ahead, I am taking up, once again, the CSD role for Emmaus, and I look forward to helping us grow and thrive in and through this testing time of Covid. Then, at my church we have a new Senior Pastor coming, I have also taken on the role of co-ordinator for our Elders council, and several other activities and ministries that I do, all of which need energy, prayer and wisdom. I sometimes wonder "How will I manage and cope?"

God however invites me to think and live differently. Jesus tells us in Matt 6:34 that we are not designed to know and worry about what the future holds when he says

"So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."

All we can do is deal with today's problems and trust God with tomorrow. If we worry about bad times to come, we can miss out on all the good in our lives and fellowship. Worrying is as futile as staying in and doing nothing on a nice morning because the forecast predicts a possible thunderstorm. Jesus said we will have troubles, but he also said in the same breath to take heart, to be confident and of good cheer, undaunted, and filled with joy because he has overcome it all.

Paul essentially has the same advice and attitude in 2 Cor 4:

[13] But we continue to preach because we have the same kind of faith the psalmist had when he said, "I believed in God, so I spoke." [14] We know that God, who raised the Lord Jesus, will also raise us with Jesus and present us to himself together with you. [15] All of this is for your benefit. And as God's grace reaches more and more people, there will be great thanksgiving, and God will receive more and more glory. [16] That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. [17] For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! [18] So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.

May I, and indeed all of us, look to the new year, never giving up, always ready to keep sharing the good news in our many and varied places and ways, so that God's grace will reach more and more people, and the result is that there will be great thanksgiving, and God will receive more and more glory.

Prayer. Dear Lord, give us the wisdom to see what actions we can take today to find and offer joy as we surrender our future to you.

May we not focus on the small and essentially momentary troubles of our lives, but catch a vision of the vast and eternal plan you have put in place, and our part in it, so that we may go forward in your grace and strength. In Jesus name we pray, Amen

De Colores,

Jim

National Virtual Online Gathering – Mega Gathering

What is a MegaGathering: An opportunity for our Community to host the Australian National Emmaus Community via a Zoom Gathering. Let's join together with Communities from all over our nation to celebrate God, who brings us together.

When: 26 February from 4:00pm – 6:00pm

How: Online via Zoom – a link will be sent out soon

Format: Hosted by our Community, Worship by Henna Watson, Fourth Day Speaker from our Community, Welcome by the National Lay Director David Nivala and Communion with National Spiritual Director Bruce Cornish.

Learn some more about the different Communities by visiting the Emmaus Australia website:

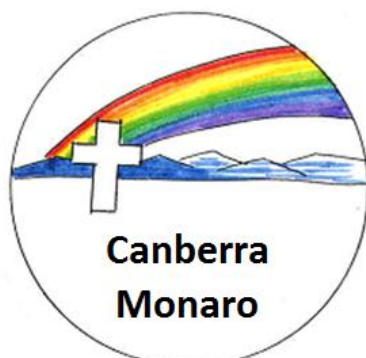
[EMA - Community \(emmaus.org.au\)](http://emmaus.org.au).

The Canberra Monaro Emmaus Community

Did you know that our Community covers this area?

Where are you located?

Who could you sponsor from this area? ...food for thought!



2022 Emmaus Board members and Coordinators

2022 Canberra Monaro Emmaus Board

Community Lay Director (CLD)	Andrew Southwell
Community Spiritual Director (CSD)	Jim Curtis
Treasurer	Phil Bloomfield
Secretary	Yvonne Chenery
Minute Secretary	Trish Dooley
Community Member	Kirsty Ross
Community Member	Mike Rowe
Community Member	Gary Bates



2022 Canberra Monaro Emmaus Coordinators

Registrar	Michelle Southwell
Newsletter Editor	Dale Cooper
Training/Education Coordinator	Mike Rowe
Music Coordinator	Gary Bates
Supplies Coordinator	Matthew Smith
Agape Coordinator	Deb Glassford
Reunion Group Coordinator	Jenny Best
Web Coordinator	Geoff Moore
Candle Lighting Coordinator	Jim & Jill Pearson
Walk Prayer Coordinator	Geoff Moore
Gathering Coordinator	Vacant – can you help?
International Agape Coordinator	Vacant – can you help?
Walk Dining Room Coordinator – Men's Walk	Vacant – can you help?
Walk Dining Room Coordinator – Women's Walk	Vacant – can you help?
Walk Serving Coordinator	Vacant – can you help?



As you can see there are some vacancies. Can you help? Would you like to know more...?

Contact us - Speak to a Board Member at the Gathering or email:

Andrew Southwell edenbraesouthwell@gmail.com

or Von Chenery canberramonaro@emmaus.org.au

Get to know you spot Board Member Mike Rowe



•Walk 73 @ Greenhills; Table of Matthew; our beloved CLD (Andrew Southwell) was my WLD and I was sponsored by Dale Cooper.

•I married the love of my life (Jane) in 1986. We have been blessed with four happy, well-adjusted adult children; two amazing grandchildren and we currently have two dogs.

•I am a retired Air Force officer (Environmental Health) and Jane has been retired for about 4 years.

•I am a West Aussie wheatbelt country lad (a 1961 baby); and Jane (also a 1961 baby) is a Brisbane girl. We've lived in Melba here in Canberra for the past 22 years.

•Most memorable Emmaus experiences... the tapestry of emotions, learning and encounters that was my own Walk – plus the honour of serving as WLD last year during the COVID pressure (and the strengthened relationships that come as part of all that).

•My faith in Christ is fundamental to who I am. I don't particularly like labels but, if pressed, I would describe myself as a mainstream conservative Protestant who currently aligns with a Baptist Church here in Canberra. My Growth Group from that Church doubles as an Emmaus group and that beautiful and diverse little gang is an incredibly important source of Christian strength and nurture to me.

•If I had to choose seven Bible translations to take with me onto a desert island, they would be KJV (with Strongs); ESV; NLT; NIV; NASB; HCB and probably an Amplified Translation.

•My favourite modern preachers (outside of my own in-person church experience) are: John Macarthur; RC Sproul and Alistair Begg. My favourite authors (in no particular order) are: JI Packer; John Macarthur; John Stott; JC Ryle; Warren Wiersbe; and CH Spurgeon.

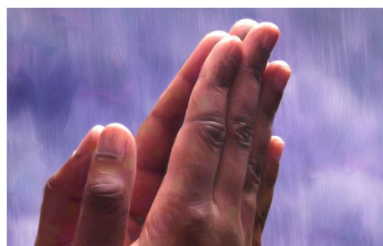
•Two books that I'd like to properly digest cover to cover are: The Works of Jonathan Edwards (Banner of Truth); and My 60 Memorable games by Bobby Fischer.

•I joined our Community Board (as our trusty Training Officer) because I love what the Emmaus Community stands for (i.e. to strengthen Christian men and women to become better and more confident leaders in their own Church); and because I saw that a lot of the heavy lifting was typically being done by a relative few familiar faces. As my Dad used to say: "Many hands make light (or at least lighter) work." :)

De Colores

Mike

32 years in 2022 Prayer Vigil



A prayer vigil is a watchful, awake time set apart for the purpose of prayer. A prayer vigil can be a communal lament, an act of solidarity, or a time to bring light to brokenness in society. It can be an act of public witness, it offers the community a space to connect with God so that God's vision for love and justice can be carried out through us.

As we, the Canberra Monaro Emmaus Community begin this year, be encouraged to use these daily prayer points, either at a special time or as part of your usual prayer time, to focus and dedicate Emmaus in 2022 to God.

32 years ago the Canberra Monaro Emmaus Community held its first walks. To dedicate this year to God the Board seeks to encourage the Community Members to pray together for the ministry. This is a great opportunity to give thanks for all God has done through this ministry and to ask for God's blessings and guidance as we begin the 32nd year.

The following is a guide to help you pray each day for a different area of Emmaus.

At the end of the 2 weeks of prayer, we invite you to share with us what God has been speaking to you about the Emmaus Ministry. Do this by emailing canberramonaro@emmaus.org.au and the Emmaus Board will confidentially discuss the responses given by Community members, at the Board Meeting in March. This is a powerful way for you to positively influence what we do and how we do it.

Sat Jan 29 th	Give praise to God for 32 years of Emmaus in Canberra. Pray for the 1000+ Community Members who are ministering for God in various ways and places as they live out their Fourth Days. ***
Sun Jan 30 th	Pray for the many Churches that the Emmaus Community are worshipping and serving in. ***
Mon Jan 31 st	That the Agape Love of God will continue to minister in and through people's lives. ***
Tues Feb 1 st	Pray for Greenhills, that this wonderful conference facility is available in our community and for the many ministries that have and are happening in that blessed place. ***
Wed Feb 2 nd	Thank God for the facilities at O'Connor Uniting Church where so many teams have been formed, lives have been changed and Gatherings have occurred. ***
Thur Feb 3 rd	We pray for the many Emmaus Communities across this nation and around the world. ***

Fri Feb 4th As Walks #91 and #92 take shape and happen this year we give thanks that God will work so powerfully through teams.

Sat Feb 5th Give thanks for Weston Creek Uniting Church and the other places where Candlelighting has shown the light of God’s love in such a powerful way.

Sun Feb 6th Pray for the Emmaus Board who are seeking ways to be faithful to God and lead in an effective manner.

Mon Feb 7th The Canberra Monaro Emmaus Community includes members from a diverse background and a large region including Bega, Cooma, Goulburn, Crookwell, Yass, Rye Park, Canberra and Queanbeyan. Seek God’s will in how Emmaus can be more effective in involving Emmaus Members from all the region and help overcome any other issues that prevent those who minister or are being ministered to.



Tues Feb 8th There are many Churches in the region that have had no pilgrims from their congregation. Pray for wisdom and ways to reach these Churches so they do not miss out on experiencing the blessings of God’s love in a fresh new way through Emmaus.

Wed Feb 9th Give thanks for the leadership shown by the Walk Teams during the last 32 years and 90 Walks. Pray for God to continue to raise up leaders in the Emmaus Community.

Thur Feb 10th God does not stand still, so we shouldn’t either. Ministries like “Going Fourth” and “[Face to Face](#)” have come out of Emmaus. What new things, new technologies or new ways is God leading us to? What can we learn from our pandemic experience? What do we keep, change or remove?

Fri Feb 11th Pray that God will show me how I can be involved in the Canberra Monaro Emmaus ministry.



Noticeboard

Direct donations

Have you thought that instead of making a one-off donation at a Gathering, you could make a regular weekly, fortnightly or monthly donation? By doing this, you will help ensure that we can keep supporting pilgrims and meet the running costs of Emmaus. To make a direct deposit use the following details:

Name of bank account: Canberra Monaro Emmaus Community

Bsb: 634634, Account Number: 100021977

Reference: your name

Credit card payments now available

Our Community has introduced the use of a Square Card – tap and go service.

You don't have to pay with cash. Pay with credit or debit card at any Gathering - a Board member can help!

Emmaus Newsletters

You can opt in to receive Newsletters from both the Australian Emmaus Community and the Upper Room.

News from the Australian Emmaus Community

[News \(emmaus.org.au\)](https://emmaus.org.au)

News from the International Emmaus Community

The Upper Room – <http://emmaus.upperroom.org> - go to the link 'Sign up for our Newsletter' or click on this link <https://mailchi.mp/upperroom/emmaus-eneews-january-2022?e=27acd69aaf>

Reunion groups can use zoom

Emmaus has a Zoom license that is available for all the Emmaus Community. If you would like to use it to hold a Reunion Group Meeting, Bible Study, Team Meeting or to have a chat with friends over coffee, then please use it, that is why we have it.

Just contact Von Chenery at canberramonaro@emmaus.org.au to book in your meeting

Lost your Emmaus Name Badge??

You can order a new Emmaus name badge by sending your name (first and last name) to our Registrar Michelle Southwell at Registrar.canberramonaro@gmail.com



Canberra Monaro Emmaus Calendar 2022

JAN	Sat	15	Board Workshop & Meeting	10.00am	Southwell's
			2 Weeks of Prayer Focus – via Community Email		tbc
FEB	Fri	4	Newsletter		
	Sat	12	Board Meeting	11.00am	O'Connor UC
			Gathering: Commissioning WLDs and WSDs #91 & #92	2.00pm	O'Connor UC
	Sat	26	Emmaus National Virtual Gathering	4.00 – 6.00pm	Zoom
MAR	Sat	12	Gathering	2.00pm	O'Connor UC
	Thurs	17	Board Meeting	7.30pm	Zoom
	Sat	19	Going Fourth #16 Training	10.00am - 4.00pm	O'Connor UC
APR	Fri	1	Newsletter		
	Sat	9	Country Gathering – Cooma	12 - 4.00pm	tbc
	Thurs	21	Board Meeting	7.30pm	Zoom
MAY	Sat	14	Going Fourth #16	10.00am - 4.00pm	O'Connor UC
	Thurs	19	Board Meeting	7.30pm	Location tbc
JUN	Fri	3	Newsletter		
	Sat	18	Board Meeting	11.00am	O'Connor UC
			Gathering	2.00pm	
	Sat	25	Meet with Walk #91 & # 92 LDs, ALDs & MDs + WLDs Runsheets & EasyWorship Training	11.00am–2.00pm(tbc)	O'Connor UC
JUL	Sat	9	Board Meeting	11.00am	O'Connor UC
			Gathering	2.00pm	O'Connor UC
	Sat	23	1st Walk Team Training #91 & #92	8.30am - 4.30pm	O'Connor UC
AUG	Fri	5	Newsletter		
	Sat	13	Mega Agape Morning	9.00am - 1.00pm	O'Connor UC
			Board Meeting	10am -12noon	O'Connor UC
			Gathering	2.00pm	O'Connor UC
	Sat	20	2nd Walk Team Training #91 & #92	8.30am - 4.30pm	O'Connor UC
SEP	Sat	10	Board Meeting	11.00am	O'Connor UC
			Gathering	2.00pm	O'Connor UC
	Sat	17	3rd Walk Team Training #91 & #92	8.30am - 4.00pm	O'Connor UC
	Fri	30	Newsletter		
OCT	Sat	8	4th Walk Team Training #91 & #92	8.30 - 1pm	O'Connor UC
			Gathering and Teams Commissioning	2pm - 4.30pm	O'Connor UC
	Thurs	13	Board Meeting	7.30pm	Zoom
	Thurs	20	Men's Walk #91 – Team 3pm onwards	7.00pm Pilgrims	Greenhills
	Sat	22	Candlelighting	8.00pm	Western Creek UC
	Sun	23	Closing - Greenhills	3.45pm	Greenhills
NOV	Thurs	3	Women's Walk #92 – Team 3pm onwards	7.00pm Pilgrims	Greenhills
	Sat	5	Candlelighting	8.00pm	Western Creek UC
	Sun	6	Closing – Greenhills	3.30pm	Greenhills
	Sat	19	Men's & Women's Debrief	11.00am – 1.00pm	O'Connor UC
			Gathering – meet the Board. Board Elections.	2.00pm	O'Connor UC
	Thurs	24	Board Meeting	7.30pm	Zoom
DEC	Fri	2	Newsletter		
	Sat	10	Team Selection	11.00am	O'Connor UC
			BBQ Gathering	12.30pm	O'Connor UC

2022 Walks (confirmed with Greenhills)

Men's #91 Thursday 20 - 23 October

Women's #92 Thursday 3 - 6 November

2023 Walks (booked with Greenhills)

Men's Walk #93 Thursday 19 - 22 October

Women's Walk #94 Thursday 2 - 5 November

2024 Walks (booked with Greenhills)

Men's Walk #95 Thursday 17 - 20 Oct

Women's Walk #96 Thursday 7 - 10 Nov

2025 Walks (booked with Greenhills)

Men's Walk #97 Thursday 23 - 26 October

Women's Walk #98 Thursday 6 - 9 November

2022 Public Holidays

ACT		NSW	
New Year's Day	Saturday 1 January & Monday 3 January	New Year's Day	Saturday 1 January & Monday 3 January
Australia Day Holiday	Wednesday 26 January	Australia Day Holiday	Wednesday 26 January
Canberra Day	Monday 14 March		
Good Friday	Friday 15 April	Good Friday	Friday 15 April
Easter Saturday	Saturday 16 April	Easter Saturday	Saturday 16 April
Easter Sunday	Sunday 17 April	Easter Sunday	Sunday 17 April
Easter Monday	Monday 18 April	Easter Monday	Monday 18 April
Anzac Day	Monday 25 April	Anzac Day	Monday 25 April
Reconciliation Day	Monday 30 May		
Queen's Birthday	Monday 13 June	Queen's Birthday / Volunteer's Day	Monday 13 June
		Bank Holiday	Monday 1 August
Labour Day	Monday 3 October	Labour Day	Monday 3 October
Christmas Day	Sunday 25 December & Tuesday 27 December	Christmas Day	Sunday 25 December & Tuesday 27 December
Boxing Day	Monday 26 December	Boxing Day	Monday 26 December

School Terms	2022	2023	2024	2025
Term 1	31 Jan – 8 Apr	27 Jan – 6 Apr	30 Jan – 12 Apr	31 Jan – 11 Apr
Term 2	26 Apr – 1 July	24 Apr – 30 June	29 Apr – 5 July	28 Apr – 4 July
Term 3	18 July – 23 Sept	17 July – 22 Sept	22 July – 27 Sept	21 July – 26 Sept
Term 4	10 Oct – 16 Dec	9 Oct – 19 Dec	14 Oct – 20 Dec	13 Oct – 19 Dec
Easter	15 – 17 Apr	9 – 12 Apr	29 – 31 Mar	18 – 20 Apr