



EMMAUS NEWS

Newsletter of the Canberra Monaro Emmaus Community

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A message from our Community Lay Director

Regular Gatherings

Saturdays

- 9 Apr - 2pm @ O'Connor UC**
- 18 Jun - 2pm @ O'Connor UC
- 9 Jul - 2pm @ O'Connor UC
- 13 Aug - 2pm @ O'Connor UC
- 10 Sep - 2pm @ O'Connor UC
- 8 Oct - 2pm @ O'Connor UC
- 19 Nov - 2pm Post Walk
Gathering @ O'Connor UC

Other Gatherings

Saturdays

14 May - 10am-4pm, Going Fourth #16 @ O'Connor UC

10 Dec - 1230pm, BBQ
@ O'Connor UC

Walks 2022

Men's #91: 20-23 Oct 22
Women's #92: 3-6 Nov 22



At the first Gathering of the year in February, we saw Jim Curtis commissioned as the Community Spiritual Director, Dean Warwick and Trish Dooley commissioned as Walk Lay Directors, Mick Brown and Mark Beresford commissioned as Walk Spiritual Directors for Walks #91 and #92, and Lyn Brown and Mick Brown commissioned as Lay Director and Spiritual Director of Going Fourth #16. A fantastic way to begin the year, and all topped off with an inspiring 4th Day Talk by Trish Dooley.

Two weeks later we hosted the National Gathering by zoom. About 50 people from Emmaus Communities around the country shared together. Thanks to those people from our Community who organised and ran this event. I have been told the Canberra Monaro Community is leading the way in showing other communities how they still can fellowship together with zoom as an Emmaus community.

The Gathering in March was highlighted by awesome worship led by Henna Watson and Gary Bates, followed by a challenging 4th Day Talk by Dean Warwick and a message from Jim Curtis, both explaining how God can use the tough times in our lives to help us grow in maturity.

It is with disappointment that the next Gathering on April 9th will not be held in Cooma. Due to a range of different reasons, this is not going to be possible. We will aim for a Country Gathering in Cooma in 2023. Therefore our next Gathering will be held at O'Connor Uniting Church, our Bush Capital Headquarters, on April the 9th at 2pm (normal place & time). Like all our Gatherings this year, a Zoom option is available for those who cannot make it in person. This is a great opportunity for our Community Members who live some distance away to join us. I am surprised that more

of our region-based friends don't avail themselves of this option.

The Going Fourth #16 team trained on Saturday, March 19th. Elsewhere in this Newsletter Lyn Brown has provided a report on how preparations are going and we are looking forward to Commissioning the whole team at the April gathering. Don't forget to register for Going Fourth, held on Saturday May 14th at O'Connor - it makes setting up of tables, the room and catering a whole lot easier.

Team selection for Walks #91 & #92 are nearing completion. See a short update in this Newsletter from Dean and Trish on how things are progressing. Training will begin for the ALDs, MDs and WLDs in June, followed by whole Team training beginning in July. We are looking forward to the Walks in October and November. Who are you praying for in preparation for sponsoring on the Walks?

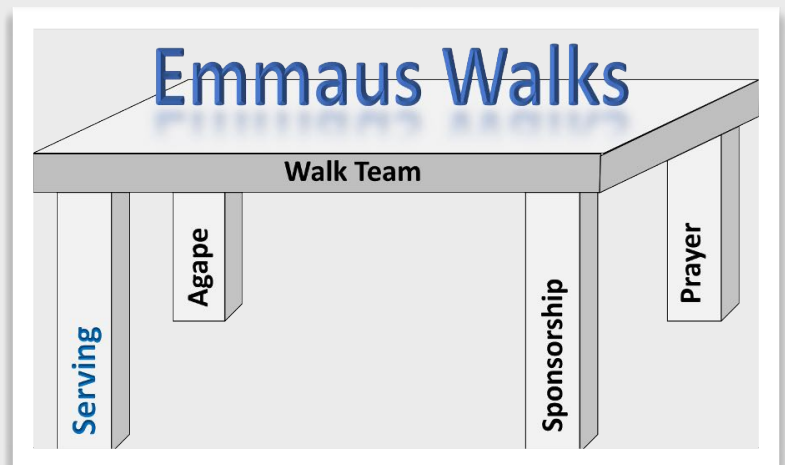
The Board has been looking at how we can encourage our Community to understand the role all of us have in Serving, Agape, Prayer and Sponsorship as part of a Walk. These 4 areas support and uphold the Walk Team (some people call this the "Conference Room Team" but this definition leaves the Prayer Directors in limbo!). The table here illustrates this idea.

The 4 legs are Serving, Prayer, Sponsorship and Agape.

"**Serving**" is not only involved on the Serving Roster in the dining room, but serving also includes setting up, packing away, supplies, etc.

"**Prayer**" includes the Prayer Roster, praying over the Pilgrims neck cross, etc.

"**Agape**" and "**Sponsorship**" are pretty clear.



- The Walk Team is the Table.
- All four legs and the Walk Team uphold and allow the Emmaus Walk to happen in God's strength.
- Blue text, eg Serving, is the focus item for this time. Each Word or (set of words, eg Walk Team) can be used as a Focus point going forward.

Over time we will be looking at the areas of Agape and Prayer. Sponsorship is important, and we focused on this last year and will touch on it again as well.

The Board is always looking at how we can improve things. If you have an idea or see a role you could fill then please talk/ send an email to Von or myself with your thoughts.

De Colores

Andrew



Gathering

9 April: 2pm @ O'Connor Uniting Church Hall

Covid-safe measures in place – download the Check In CBR app. Remember to bring a plate of food to share – outside if weather permits.

**4th Day Speaker: Natalie Milliken
Spiritual Director: Deb Glassford**

**Zoom option available: (2-4pm) join Zoom Meeting
[https://us02web.zoom.us/j/5303577916?](https://us02web.zoom.us/j/5303577916?pwd=ek1yNmJPR2RIMnQ3cmVRNDBIMVowdz09)
[pwd=ek1yNmJPR2RIMnQ3cmVRNDBIMVowdz09](https://us02web.zoom.us/j/5303577916?pwd=ek1yNmJPR2RIMnQ3cmVRNDBIMVowdz09)**

Meeting ID: 530 357 7916 Passcode: 12378



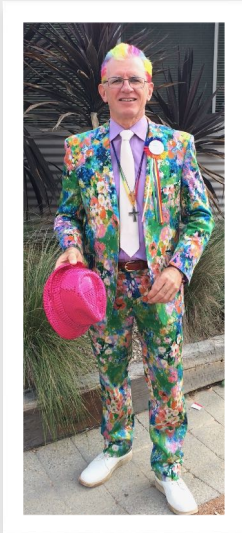
WANTED

4th Day Speakers

Often 4th Day Talks at a Gathering are required at short notice. If you would like to present a 4th Day Talk and go on a “standby” list then please let Von or Andrew know.

A message from our Community Spiritual Director

What is our calling for the new year ahead?



At my church over the last few weeks we have been looking at the Beatitudes.

[Matt 5:3 - 12] "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will be shown mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called sons of God. Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. "Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."

Now I want to share some thoughts on being "Blessed", or as some versions say, "Happy". The Greek word is Makarios which means "Happy". But this is so much at odds with what we think about when we talk of happiness that we usually use the word "Blessed". Makarios, as well as meaning "Happy", has also connotations of "approved" and "lucky". The advert by AAMI, "Lucky you're with AAMI" kind of captures this. The childless couple looking into a family complaining about the trials of raising their children might well say "You are lucky to have these trials." I look at a couple walking hand in hand, and think to myself, "Lucky man"!

The person, therefore, who is called "blessed" would be called "lucky" by the world. But "blessed" describes the person God approves, because He has given you sovereign mercy. The word "blessed" can be summed up in one word: "Congratulations!" Not that we deserve it—quite the opposite! And yet when God bestows such grace on us, it is as though the angels say, "Congratulations!" We should say to every person born again, to every new believer: "Congratulations!" For not everyone enters into this happiness.

Often, we may not feel blessed and don't much like the pain of trials, but there is a kind of fierce joy or happiness that is only experienced through trial and pain. I have been a rock climber, and it is often painful, but reaching the top of a difficult climb has a special joy and sense of victory, and we often hi-five when we finally make it to the top. In the same way as we experience what Jesus is talking about, there is a fierce joy in knowing that we are on the right track, that our heavenly Father approves, and the angels say "Congratulations".

Paul knew this when he wrote at the end of his life to Timothy (2 Tim 4:7) [6]

"For I am already being poured out like a drink offering, and the time has come for my departure. [7] I have fought the good fight, I have finished the race, I have kept the faith. [8] Now there is in store for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day—and not only to me, but also to all who have longed for his appearing."



If you look at each of these beatitudes, Jesus describes those who are happy – blessed. And He turns our idea of happiness and being fortunate on its head. We think happiness is to be rich. Jesus says the happy ones are those who are poor in spirit. We say happiness is not to be sad. Jesus says those who mourn will be happy. We say it is the powerful who are happy. Jesus says it is the meek and humble and merciful and those who are peacemakers who are happy. We say it is those who are able to indulge in whatever vice they want and get away with it who are happy. Jesus says it is those who hunger and thirst for righteousness, and who are pure in heart, who are happy. We reckon we are happy when we lead a life where everyone thinks we are wonderful and everyone looks up to us. Jesus says the happy ones are those who are persecuted, reviled and who are insulted and have evil things said against them. Wow, what a difference. In other words, He is looking for those who will die to self, and who will shun temporary happiness in this world, in order to receive eternal happiness in His coming eternal kingdom.

What are your values of happiness, of blessedness? The values of the world – which will only last for a short time, or the values of God – which will last for eternity?

De Colores,

Jim

Get to know you spot Music Coordinator - Gary Bates



I was born in Grimsby England and emigrated with my mother, father, brother, and sister to Australia when I was 2 years old. I grew up in Wollongong, Bexley, and Campbelltown,

Liz and I were married at Greenacre Baptist Church in 1986 and have been married for 36 years.

We have 6 children, 3 whom are ours and 3 being their partners (they all call us mum and dad) and we have 3 grandchildren.

My interests include (not in any order):

Playing guitar, singing, going to the gym, mountain bike riding, walks with Liz and our 2 dogs, visiting art galleries and museums with Liz, playing with our grandkids, hanging at the beach with our

family, birthday parties and get together with family and friends.

Liz and I currently worship at Woden Valley Alliance Church.

I am huge fan of practical ministries (ministry in action) and God has drawn me to Music ministry, Kairos prison ministry, Overseas missions like Cambodia and of course, Emmaus Walks.

My favourite Bible verse (other than John 3:16) is.

Proverbs 3:5-6

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

This verse was given to me when I first became a Christian back in April 1983. It has

been my bedrock verse through so many ups and downs of life.

My long-term goals are: to stay healthy, and for Liz and I to be financially free in the next 5 years or so, so that we can do more church ministry, spend more time together and with our kids and grandkids.

I did my Emmaus walk at Stanwell Tops in April 1996 (Walk 3)

What I love about the Emmaus Ministry is:

- The people have an attitude of serving and building each other up.
- The heart of Emmaus is to share God's love in practical ways
- Gods agape love that has no bounds.

De Colores

Gary

Going Fourth #16 Update Report

Preparation for Going Fourth #16 is progressing well after a slow start finding some of the team members. The theme for the day is from 2 Sam 22:2

"The Lord is my rock, my fortress and my deliverer"

Team List

We had a great afternoon of training on Saturday 19th. It was good to have all the team together for the first time. The music team did a great job of leading worship and you can look forward to singing some 'Golden Oldies' if you come on the 14th May. The talks were great and we all enjoyed some time of getting to know each other a bit better in the short breaks.

The Registration form is included in this Newsletter so sign up for a great time of spiritual refreshment and fellowship on May 14.

De Colores

Lyn Brown,

Lay Director, Going Fourth #16

LD	Lyn Brown
SD	Mick Brown
ALD	Steve Wray
ALD	Denise Grundig
Talk	Chris Grundig
Talk	Cecilia Symonds
PD	Trish Dooley
PD	Heather Kellie
MD	Lesley Irvine
MD	Diana Haberecht
MD	Jeanette Hillman
Coordinator	Miriam Carrick



Going Fourth #16
Saturday 14th May 10 am to 4 pm
O'Connor Uniting Church



Come along to hear three special messages on the theme



"The Lord is my rock,
my fortress and my deliverer"

2 Samuel 22:2

Join us on Saturday 14th May
O'Connor Uniting Church, 10 a.m. to 4 p.m.

Bring your ***lunch, name badge and worship book***

Prepare for sharing, fun, fellowship, food opportunities
and hearing God's word

Morning and afternoon tea supplied

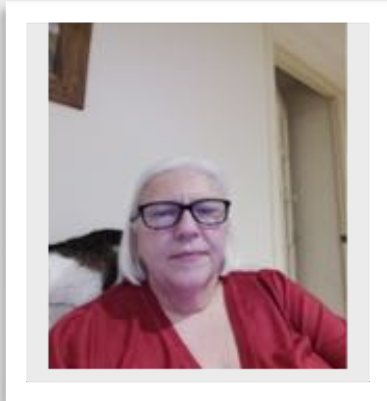
Please register by sending an
email to [**registrar@canberramonaro.emmaus.org.au**](mailto:registrar@canberramonaro.emmaus.org.au)

Cost \$10 - direct deposit to Canberra Monaro Emmaus
Or pay at the door (cash or EFTPOS)

BSB: 634634 Account Number: 100021977
Please put your name as the reference

Walk Team Updates

WLD Walk #92



Hello Emmaus Family.

The walks this year will be interesting as we hold them in the warmer months (hopefully warmer).

I am happy and thankful to God as He has helped me

form my team for Walk #92. As I was forming the team, I was excited, fearful, hopeful and challenged. But God has come through and shown me the team He had planned for me before I had even heard of Emmaus.

As I continue working through the planning and preparation I lay my fears, doubts, and frustrations at the foot of the cross. As it says in Heb 12:1-2 “... *And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith...*”

De Colores

Trish

WLD Walk #91



Following the completion of last years Walks' and after the necessary planning meetings, I set about making numerous phone calls to ask possible ex-pilgrims and some community members who

hadn't been involved for a number of years, as well as some that have to be on team. I felt that this approach was appropriate as it would be good to involve as many different people as possible. Throughout the process of making a significant number of calls, I am delighted to say that the vast majority of team positions have been accepted. Conversations are ongoing with some community members to fill the remaining positions. From the conversations I have had with people, there is a growing anticipation about Walk #91. Even those that have said no to being on the team have been willing to add their prayers for the team, pilgrims and Walk, in general.

I would like to ask the community for their continued prayers in regard to the team's health, talk preparation, team preparation through team training, and ability to allow God to touch the hearts of the pilgrims of Walk #91 through the team, talks, and the Emmaus experience itself. I would also like to encourage the community to be praying for the men that they know to consider being a pilgrim on Walk #91.

De Colores

Dean

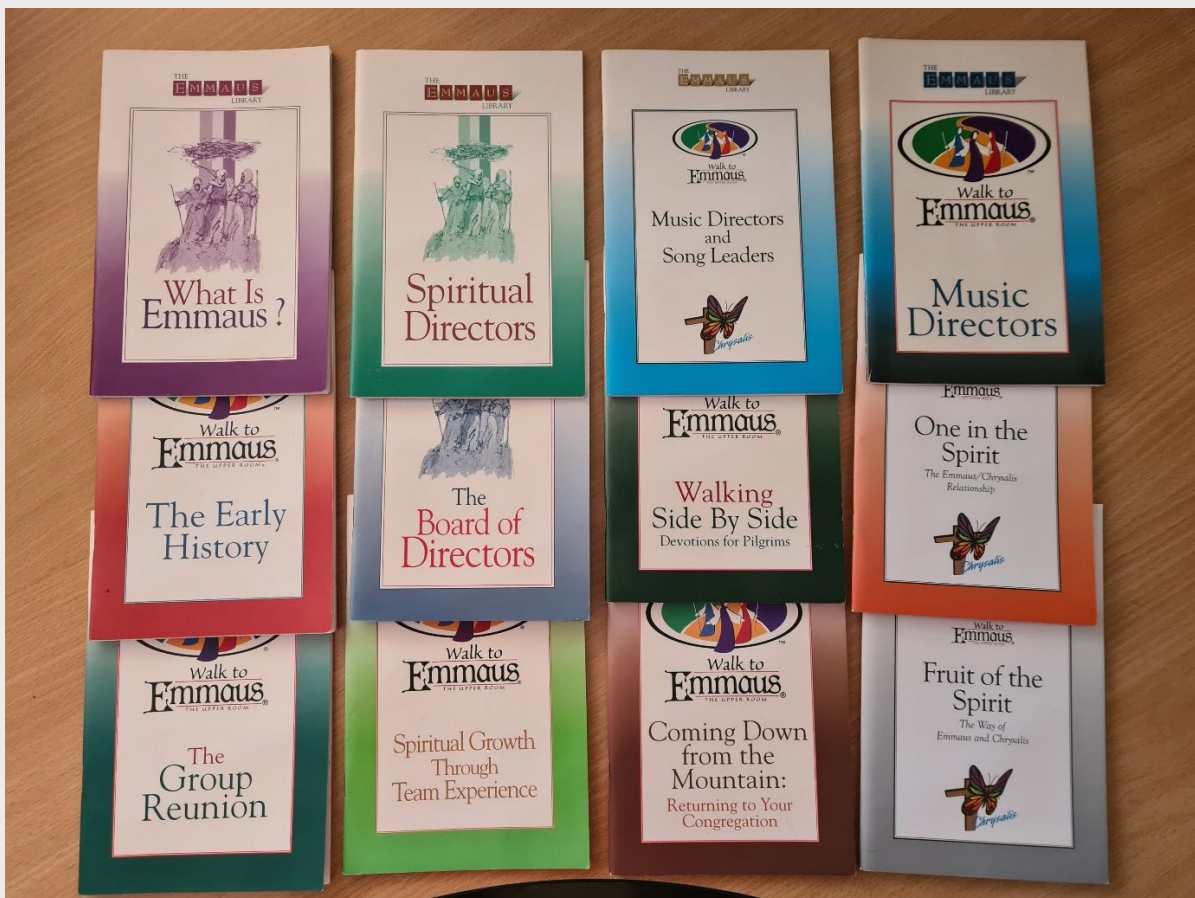
The Emmaus Library

While helping with the pack-up after a recent Gathering at O'Connor, I noticed a stack of a dozen little booklets in the Store Cupboard (see photo). Firmly secured by a large rubber band, the booklets, published by Upper Room Books (The Emmaus Library), were found to be in very good condition. So, consistent with my new role as Training Officer, I decided to take them home and familiarise myself with the contents. In a nutshell, they are a good resource. Very good in fact. By way of example, the booklet titled "What is Emmaus?" was written by Stephen Bryant, a past International Director of the Walk to Emmaus movement. In it, Stephen answers sixteen basic questions about the Emmaus experience – and he does so in a very accessible style. Each booklet comprises 40 or so pages, and many sections with Stephen's book are headed by a memorable quote or relevant Scripture.

Here is one header that resonated with me, written by a Laywoman from Ohio... "The difference Emmaus makes is seen in the sixty-year-old man who, after his weekend, decides to give up his antique business and enter seminary. Or the woman who was inspired to write a song, praising God in her many local performances. Another example is the doctor who took to adding Bible verses to his prescription sheets to reinforce Christ as the "best medicine."

These books are well worth your time to read, and I heartily commend them to the Walk Teams – particularly the Walk Lay Directors; the Spiritual Directors, and the Music Directors. I've returned the booklets to the Store Cupboard, so, if you would like to read any of them, please do not hesitate to speak with me at one of our Gatherings.

De Colores. Michael Rowe.



2022 Emmaus Board Members and Coordinators

2022 Canberra Monaro Emmaus Board

Community Lay Director (CLD)	Andrew Southwell
Community Spiritual Director (CSD)	Jim Curtis
Treasurer	Phil Bloomfield
Secretary	Yvonne Chenery
Minute Secretary	Trish Dooley
Community Member	Kirsty Ross
Community Member	Mike Rowe
Community Member	Gary Bates



2022 Canberra Monaro Emmaus Coordinators

Registrar	Michelle Southwell
Newsletter Editor	Dale Cooper
Training/Education Coordinator	Mike Rowe
Music Coordinator	Gary Bates
Supplies Coordinator	Matthew Smith
Agape Coordinator	Deb Glassford
Reunion Group Coordinator	Jenny Best
Web Coordinator	Geoff Moore
Candle Lighting Coordinator	Jim & Jill Pearson
Walk Prayer Coordinator	Geoff Moore
Gathering Coordinator	Vacant – can you help?
International Agape Coordinator	Vacant – can you help?
Walk Dining Room Coordinator – Men's Walk	Vacant – can you help?
Walk Dining Room Coordinator – Women's Walk	Vacant – can you help?
Walk Serving Coordinator	Vacant – can you help?



As you can see there are some vacancies. Can you help? Would you like to know more...?

Contact us - Speak to a Board Member at the Gathering or email:

Andrew Southwell cld@canberramonaro.emmaus.org.au

or Von Chenery secretary@canberramonaro.emmaus.org.au

Noticeboard

Direct donations

Have you thought that instead of making a one-off donation at a Gathering, you could make a regular weekly, fortnightly or monthly donation? By doing this, you will help ensure that we can keep supporting pilgrims and meet the running costs of Emmaus. To make a direct deposit use the following details:

Name of bank account: Canberra Monaro Emmaus Community

Bsb: 634634, Account Number: 100021977

Reference: your name

Credit card payments now available

Our Community has introduced the use of a Square Card – tap and go service.

You don't have to pay with cash. Pay with credit or debit card at any Gathering - a Board member can help!

Emmaus Newsletters

You can opt in to receive Newsletters from both the Australian Emmaus Community and the Upper Room.

News from the Australian Emmaus Community

[News \(emmaus.org.au\)](http://emmaus.org.au)

News from the International Emmaus Community

The Upper Room – <http://>

Reunion groups can use zoom

Emmaus has a Zoom license that is available for all the Emmaus Community. If you would like to use it to hold a Reunion Group Meeting, Bible Study, Team Meeting or to have a chat with friends over coffee, then please use it, that is why we have it.

Just contact Von Chenery at secretary@canberramonaro.emmaus.org.au to book in your meeting

Lost your Emmaus Name Badge??

You can order a new Emmaus name badge by sending your name (first and last name) to our Registrar Michelle Southwell at registrar@canberramonaro.emmaus.org.au